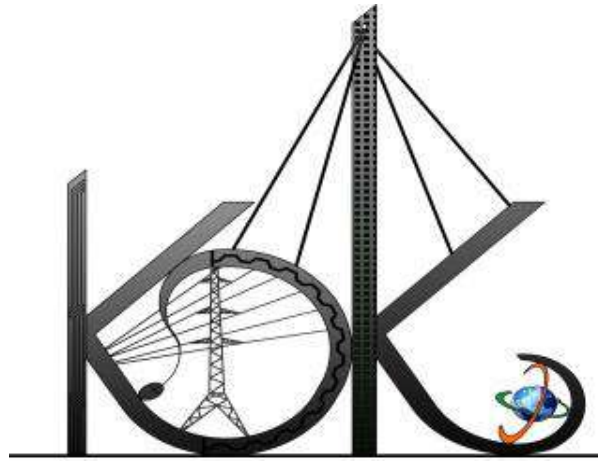


KDK COLLEGE OF ENGINEERING, NAGPUR

An Autonomous Institute



International Yoga Day -2025

“Yoga for One Earth, One Health”

Session: 2025-26



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KDK College of Engineering, Nagpur
An Autonomous Institute
Session 2025-26
International Yoga Day-2025

Notice

KDK College of Engineering, Nagpur
An Autonomous Institute
Session 2025-26
International Yoga Day-2025
Notice

Date: 19/06/2025

In celebration of **International Yoga Day-2025**, we are pleased to invite you to join a special session dedicated to the art and science of Yoga on **21st June 2025 at 12:00 noon** at Civil Seminar Hall of KDK College of Engineering, Nagpur.

The event will be an opportunity to explore the benefits of Yoga specially Chair Yoga, learn new techniques for holistic well-being, and experience the power of Heartfulness meditation.

Resource Persons:

- **Shri. Girish Mate**

Zonal Incharge, Nagpur Heartfulness Institute, Hyderabad (Kanha)

- **Mr. Sanjay Kumar Gupta**

Manager, Nagpur Center, Heartfulness Institute, Hyderabad (Kanha)

All students, as well as teaching and non-teaching staff members, are requested to attend this informative and rejuvenating session. We encourage all participants to dress comfortably.


Dr. G. H. Agrawal
HoD, First Year
Event Coordinator
Dr. G. H. Agrawal
H. O. D.
Dep. of Basic Science & Humanities
K.D.K. College of Engineering, Nagpur-24
Vice Principal

HOd: Civil, Electrical, Mechanical, ETC, CSE, IT, AIDS, MBA, MCA, BCA
Workshop, KDK Office

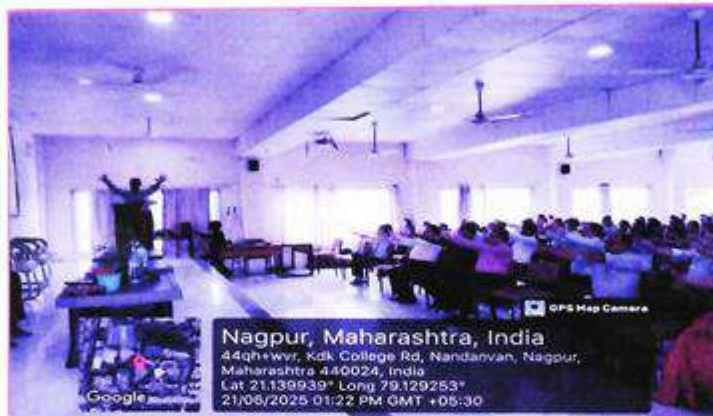

Dr. A. A. Jaiswal
HoD, CSE Deptt.
Event In-Charge
H.O.D.
Computer Science & Engineering
K.D.K. College of Engineering, Nagpur


Dr. V. V. Varghese
Principal, KDKCE,
Nagpur
Principal
K. D. K. College of Engg.
NAGPUR

Report

KDK College of Engineering, Nagpur An Autonomous Institute Session 2025-26 International Yoga Day-2025 Event Report

Date: 23/06/2025



This special session marks the celebration of **International Yoga Day 2025** on **21st June 2025** at KDK College of Engineering, Nagpur. Featuring an in-depth exploration **Yoga** integrated with **Meditation**. The event aimed to promote **holistic well-being through accessible yoga** (Chair Yoga) and guided **Heartfulness** meditation, fostering mental clarity, stress relief, emotional balance, and physical flexibility.

The **Resource Persons for the event** were **Shri. Girish Mate**, Zonal In-charge, Nagpur Heartfulness Institute & **Mr. Sanjay Kumar Gupta** – Manager, Nagpur Center, Heartfulness Institute, Hyderabad (Kanha). These experienced instructors guided participants through chair-based yoga techniques and Heartfulness practices designed to be inclusive and rejuvenating.

Chair Yoga: Adapted for participants across fitness levels especially useful for individuals with mobility constraints promoting safe and inclusive wellness. **Heartfulness Meditation:** Emphasizes cultivating inner harmony through heart-centered practice and positive energy transmission. **International Yoga Day 2025 theme-** “**Yoga for One Earth, One Health**”, connecting personal wellness with environmental stewardship.

Dr. V. P. Varghese, Principal, & **Dr. A.M. Badar**, Vice Principal KDKCE, Nagpur appreciated the event. The Event was coordinated by **Dr. G. H. Agrawal**, HoD, First Year & The In-Charge for the event was **Dr. A. A. Jaiswal**, HoD, CSE Department. **Dr. Dipali Satone**, **Prof. S. B. Verma** & **Mr. Shubham Wanjari** dedicatly work hard, which made the event a success.


Dr. G.H. Agrawal
HoD, First Year
Dr. G.H. Agrawal
H. O. D.
Dept. of Basic Science & Humanities
K.D.K. College of Engineering, Nagpur


Dr. A. A. Jaiswal
HoD, CSE Deptt.
Event In-Charge
H.O.D.
Computer Science & Engineering
K.D.K. College of Engineering, Nagpur


Dr. V. P. Varghese
Principal, KDKCE,
Principal
K. D. K. College of Engg.
NAGPUR

Photo Gallery



Felicitation of Shri. Girish Mate, Zonal Incharge, Nagpur Heartfulness Institute, Hyderabad (Kanha), at the hands of Principal Dr. V.P.Varghese



Shri. Girish Mate addressing gathering on the occasion of Yoga Day-2025



Shri. Girish Mate conducting Yoga-Meditation Session on the occasion of Yoga Day-2025



Shri. Girish Mate conducting Yoga-Meditation Session on the occasion of Yoga Day-2025



Shri. Girish Mate conducting Yoga-Meditation Session on the occasion of Yoga Day-2025

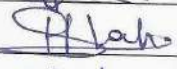
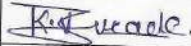
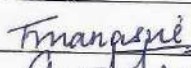
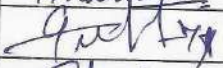
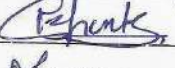
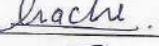
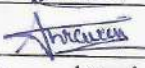
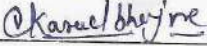
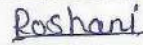
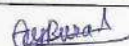
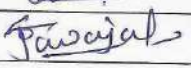
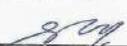
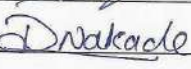
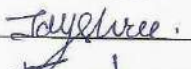
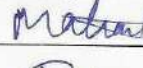
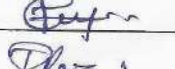
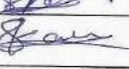
Attendance

KDK College of Engineering, Nagpur
An Autonomous Institute

Attendance Sheet

Session: 2025-26 Date: 21/06/2025

Name of Event: International Yoga Day - 2025

Sr. No.	Name of Participant	Branch	Gender M/F	Signature
1	Aditya R. Shamkuwar	CIVIL	M	
2	Anubhav S. Pancheshwar	Civil	M	Anubhav
3	Purgesh. V. Zode	Civil	M	
4	Habib Hasan Shah	Civil	M	
5	Janhavi Keshav Galande	Civil	F	
6	Kundali Vinod Bureade	Civil	F	
7	Manasvi A. Tambe	Civil	F	
8	Martini O. Gumbade	Civil	F	
9	Nikita V. Khandate	Civil	F	
10	Ida Nupur G. Raut	Civil	F	
11	Brochi K. Palandurkar	Civil	F	
12	Nitesh B. Barapatre	Civil	M	
13	Pavan V. Khodke	Civil	M	
14	Shravan. S. Totawar	Civil	M	
15	Vaibhav A. Karmalbhayre	Civil	M	
16	Roshani K. Gawande	Civil	F	
17	Tanvi .G. Bureade	Civil	F	
18	Sonali P. Jawanjale	Civil	F	
19	Shravya .V. Chaudhary	Civil	F	
20	Dhanshree J. Nakade	Civil	F	
21	Jayshree Kanje	Civil	F	
22	Rutika S. Korat	Civil	F	
23	Yash. R. Kolhe	Civil	M	
24	Mayur A. Amelkar	EE	M	
25	Mahesh A. Wankar	EE	M	
26	Pranav P. Rajurkar	EE	M	
27	Tushar S. Pote	EE	M	
28	Sanika D. Kaware	EE	F	

KDK College of Engineering, Nagpur
An Autonomous Institute

Attendance Sheet

Session: 2025-26

Date: 21/06/2025

Name of Event: International Yoga Day - 2025

Sr. No.	Name of Participant	Branch	Gender M/F	Signature
29	Nilesh S. Komdi	M.E	M	<i>[Signature]</i>
30	Anup A. Sharma	M.E	M	<i>[Signature]</i>
31	Apurva S. Shrofe	M.E	M	<i>[Signature]</i>
32	Suraj D. Shende	M.E	M	<i>[Signature]</i>
33	Mukesh A. Bandhe	M.E	M	<i>[Signature]</i>
34	ATHARVA K. ANKE	M.E	M	<i>[Signature]</i>
35	Sagar I. Hogade.	Mech.	M	<i>[Signature]</i>
36	Ketan M. Sontakke	Mech.	M	<i>[Signature]</i>
37	Yash D. Uprey	M.E	M	<i>[Signature]</i>
38	ATHARVA NAFK	ME	M	<i>[Signature]</i>
39	Himanshu S. Bondhake	ME	M	<i>[Signature]</i>
40	Ashish C. Patle	ME	M	<i>[Signature]</i>
41	Rohit R. Shirsang	ME	M	<i>[Signature]</i>
42	Puranay Selokar	ME	M	<i>[Signature]</i>
43	Rohit Gokhale	ME	M	<i>[Signature]</i>
44	Bhushan Manmode	M.E.	M	<i>[Signature]</i>
45	Vaishnavi Jogekar	M.E	F	<i>[Signature]</i>
46	Tejaswini. Shamkuwar.	ME.	F	<i>[Signature]</i>
47	Divyani P. Bagde	M.E	F	<i>[Signature]</i>
48	Harshad Budhe	ME	M	<i>[Signature]</i>
49	Rohan A. Nagdeote	ME	M	<i>[Signature]</i>
50	Uttam S. Dhawale	ME	M	<i>[Signature]</i>
51	Aryan K. Bhaisare.	ME	M	<i>[Signature]</i>
52	Sanket S. Khatke	ME	M	<i>[Signature]</i>
53	Kunal S. Kale	ME	M	<i>[Signature]</i>
54	Shraddhey D. Bhusari	ME	M	<i>[Signature]</i>
55	Sarvesh D. Gajbhiye	ME	M	<i>[Signature]</i>
56	Bodhisht A. Tembhkar	ME	M	<i>[Signature]</i>

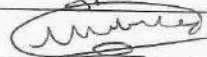
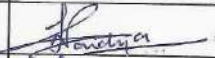
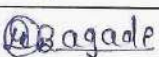
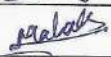
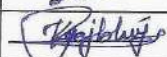
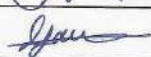
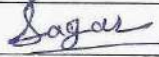
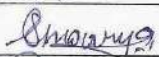
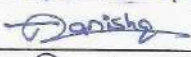
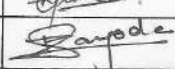
KDK College of Engineering, Nagpur
An Autonomous Institute

Attendance Sheet

Session: 2025-26

Date: 21/06/2025

Name of Event: International Yoga Day-2025

Sr. No.	Name of Participant	Branch	Gender M/ F	Signature
57	Far Sahil Bagde	CSE	M	
58	Nikhil Duthbawane	CSE	M	
59	Mohit Thakare	CSE	M	
60	Twinkle Manoj Ghangare	AI & DS	F	T.M. Ghangare.
61	Laxmi. Manish. Kantam	AI & DS	F	Laxmi.
62	Lokesh Arun Vaichya	AI & DS	M	
63	Atharva Dinesh Bhojkar	AI & DS	M	
64	Bhushan Bhojkar	AI & DS	M	
65	Minal Baghele	AI & DS	F	
66	Maheshwari mutkure	AI & DS	F	
67	Aditi Ingle	AI & DS	F	
68	Damini Tembhare	AI & DS	F	
69	Shruti Lokude	AI & DS	F	
70	Disha Badole	AI & DS	F	
71	Arya Zanzad	AI and DS	F	
72	Divyani Bagade	AI and DS	F	
73	Mahak Zanzad	AI and DS	F	
74	Kalash P. Gajbhaye	AI and DS	M	
75	Gaurav M. Kakde	AI and DS	M	
76	Sagar S. Rewatkar	AI and DS	M	
77	Aynish G. Wankhede	AI and DS	M	Aynish.
78	Satish K. Mounya	AI & DS	M	
79	Shivansh Pandey	AI & DS	M	Retire 4/5/21
80	Tanishq N. Nageole	AI & DS	M	
81	Om J. Mehra	AI & DS	M	
82	Vedant A. Balpande	AI & DS	M	V.A. Balpande.
83	Ruturaj S. Palre	AI & DS	M	
84	Prashik R. Sangode	AI & DS	M	

Attendance Sheet

Date: 21/06/2025

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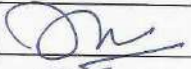
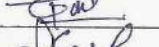
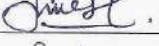
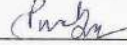
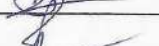
KDK College of Engineering, Nagpur
An Autonomous Institute

Attendance Sheet

Session: 2025-26

Date: 21/06/2025

Name of Event: International Yoga Day - 2025

Sr. No.	Name of Participant (Staff)	Branch	Gender M/F	Signature
1.	Vallabh Varghese	Civil	M	
2.	Dr. A. M. Badam	Civil	M	
3.	Dr. G. H. Ajmal	EE	M	
4.	Dr. K. B. Bajpai	Basic Sci.	F	
5.	Dr. A. R. Dhoble	B.S. & H	M	
6.	Mrs. K. V. Khawar	Basic Sc. and Hum.	F	
7.	Mr. Shubham Wanjari	Basic Sc. and Hu.	M	
8.	Dr. Dipal Sathe	Basic Sc. & Hum.	F	
9.	Dr. S. R. Tikekar	Mech	M	
10.	Dr. A. P. Nimane	Mech	M	
11.	V. N. Marjole	Mech. Engg.	M	
12.	H. V. Sondawale	Mech.	M	
13.	G. N. Raut	Basic Sc. (Maths)	M	
14.	Kirti M. Dherge	EE	M	
15.	Dr. P. G. Mehro	Mech	M	
16.	V. D. Dhopte	Mech	M	
17.	V. B. Vaidya	Mech	M	
18.	S. B. Yama	CSE	M	
19.	M. of Umene	Civil	M	
20.	S. A. Kulkarni	CSE	M	
21.	Dr. H. V. Gorewar	IT	M	
22.	Dr. K. A. Gadekar	First year	M	
23.	S. S. Gamorkar	1st yr	M	
24.	Aruna Donekar	1st yr	F	
25.	V. V. Bawre	1st yr	F	
26.	V. D. Shekh	BCD	F	
27.	P. N. Raut	BCD	F	
28.	S. K. Mude	Electrical	M	

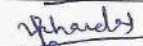
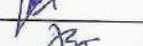
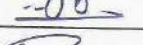
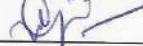
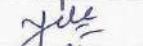
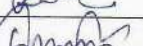
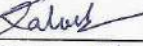
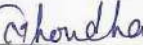
KDK College of Engineering, Nagpur
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Attendance Sheet

Session: 2025-26

Date: 21/06/2025

Name of Event: International Yoga Day-2025

Sr. No.	Name of Participant (Staff)	Branch	Gender M/ F	Signature
29.	C. J. Sharma	Biomedical	M	
30.	Mrs. V. B. Haridas	Electrical	F	
31.	S. A. Bagal	E & TC	M.	
32.	V. N. Mahanadiwar	E & TC	M	
33.	Dr. J. S. Gaware	E & TC	F	
34.	Dr. R. A. Bhusange	E & TC	M	
35.	V. R. Surjuse	CSE	F	
36.	M. D. Choudhary	IT	F	
37.	A. M. Kuthi	CSE	M	
38.	B. R. Kote	I.T	M	
39.	Durga W. Wanjari	CSE	F	
40.	Prayalata A. Kuchewar	CSE	F	
41.	Dr. S. M. Malode	AI & DS	M	
42.	Minal D. Choudhary	AI & DS	F	
43.	Nidhi D. Rath	AI & DS	F	
44.	Dr. Anup Bhang	CSE	M	
45.	Prizanka Ghawad	CSE	F	
46.	Sushama S. Nandanwar	Mechanical	F	
47.	Dr. Archana M. Kombeke	1st yr.	F	
48.	Dr. Pashkar R. Shelke	1st yr	M	
49.	Dr. A. V. Vanarkar	Mech.	M	
50.	Dr. K. B. Bajpai	B.Sc. and Hum	F	
51.	Mrs K. V. Khawar	.	F	
52.	Mrs. Sagar Bhawale	Electrical	M	
53.	Mr. Rishi Ingale	AI & DS	M	
54.	Dr. A. A. Jaiswal	CSE	M	
55.	Shilpa A. Satone	CSE	F	
56.	Abhishek P. Nachankar	CSE	M	

K.D.K. College of Engineering Nagpur

International Day of Yoga

21st June 2025

Heartfulness Meditation

Invited Guest

S.N.	Name	Designation	Signature
1	Wg code Girish Modhe (Retd)	Zonal Co-ordinator	
2	Sanjay Gupta	Heartfulness Trainer	
3	Alka Gupta	Heartfulness Trainer	
4	Girish Palekar	TI-	
5	Kavita Palekar	TI-	
6			

Thanks Letters

Grade - A



Backward Class Youth Relief Committee's

K. D. K. COLLEGE OF ENGINEERING

Great Nag Road, Nandanvan, Nagpur - 440024.

(An Autonomous Institute w.e.f. 2024-25)

D.T.E.
College Code
4147

Accredited by NAAC & NBA (5 Programs)

Approved by AICTE New Delhi, Directorate of Technical Education, M.S. Mumbai
& Affiliated to R.T.M. Nagpur University, Nagpur.

Ph.No.: (0712) 2711400, 2710030, Fax: (0712) 2713658

Email: kdkce4147@gmail.com; Web Site: www.kdkce.edu.in

Dr. Valsson P. Varghese
Principal

Dr. Avinash M. Badar
Vice Principal

VISION: Service to the Society Through Quality Technical Education

Ref. No.: KDKCE/558/2025

Date: 21/06/2025

To,
Sri. Girish Mate
Zonal Incharge, Nagpur
Heartfulness Institute
Hyderabad (Kanha)

Subject: Heartfelt Gratitude for Leading the International Day of Yoga Session

Respected Sir,

On behalf of the management, faculty, and students of KDK College of Engineering, Nagpur, we extend our deepest gratitude for your esteemed presence and guidance during the International Day of Yoga celebration held on June 21, 2025. Your session was not only enlightening but also profoundly impactful, leaving an indelible mark on all participants.

Your expertise in leading Heart-fulness meditation provided our students and faculty with a comprehensive understanding of benefits of yoga & meditation. The event was significantly enriched by your participation.

Your dedication to promoting holistic well-being through meditation has inspired many within our institution to incorporate these practices into their daily lives. The enthusiasm and positive feedback from attendees are a testament to the success of the session under your guidance.

We are truly honored to have had the opportunity to learn from you and hope to continue this association in the future. Your contribution has been instrumental in fostering a culture of health and mindfulness within our college community.

Thank you once again for your invaluable support and for making the International Day of Yoga at KDK College of Engineering a memorable event.

With sincere appreciation,


Principal,
KDKCE, Nagpur


21/6/25

Grade - A



Estd : 1984

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Dr. Valsson P. Varghese
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VISION : Service to the Society Through Quality Technical Education

Ref. No.: KDKCE/ 557/2025

Date : 21/06/2025

To,
Sanjay Kumar Gupta
Manager, Nagpur Center
Heartfulness Institute
Hyderabad (Kanha)

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Received
SB


Principal,
KDKCE, Nagpur